



1st IASP- SARPS Pain Camp in India Program

Venue: IIT Delhi

Date: 22.09.2025 till 24.09.2025 (Monday- Wednesday)

Day 1: 21st September 2025 (Sunday)

Arrival- Hotel Shyama INN

- Faculty meeting and ice breaking session (Delegate and faculty will be asked to introduce themselves): 19:00 to 21:00 followed by dinner.
- Delegates will be divided into 4 groups (A-D) of 7-8 people in each group. One faculty for each group will be assigned as mentor

Day 2: 22nd September 2025 (Monday)

Time	Topic	Format	Resource person/Faculty
08:15 - 08:30	Opening Remarks & Introduction by IASP President & Course Directors	-	Dr. Andrew Rice (United Kingdom) Dr. AKM Akhtaruzzaman (Bangladesh) Dr. GP Dureja (India) Dr. Sushma Bhatnagar (India)
08:30- 09:45	Essential pain management summary and case discussion using RAT (Recognise- Assess-Treat) model	Interactive group activity Four groups with four different cases Coordinator- <i>Dr. Megha Pruthi</i>	Dr. Mary Cardosa (Malaysia) Dr. Roger Goucke (Australia) Dr. GP Dureja (India) Dr. Gauhar Afshan (Pakistan)
09:45- 10:15	Knowing your patient is important to treat the pain	Tutorial	Dr. Michal Nicholas (Australia)
10:15- 10:45	Understanding Bio-Psychosocial model of Pain and communication (Case formulation included)	Lecture Q & A	Dr. Michal Nicholas (Australia)
10:45- 11:05	Tea break		
11:05- 12:35	Understanding chronic pain through history taking (30 people in 4 groups) - Communication Skills- 20 minutes - Role play- 40 minutes - Feedback- 30 minutes	Communication Skills, Role play and Feedback Coordinator <i>Dr. Raghav Gupta</i>	Dr. Santosh Chaturvedi (India) Dr. Geeta (India) Dr. Seema Rao (India) Dr. Sarfraz Siddiqui (Pakistan)
12:35- 13:20	Lunch		
13:20- 13:50	Pain in Children: How is it different from that in adults?	Tutorial	Dr. Gayatri Palat (India)

13:50- 14:30	Assessment of Pain in Children: Scoring systems in different paediatric age group	Case based discussion Coordinator <i>Dr. Brajesh Ratre</i>	Dr. Anju Gupta (India)
14:30- 16:30	Cancer pain management (30 people in 4 groups – 4 case scenarios) - Small group discussion – 30 minutes - Large group discussion – 90 minutes	Case based discussion Coordinator <i>Dr. Prashant Sirohiya and Dr. Shweta Bhopale</i>	Dr. Naveen Salins (India) Dr. Seema Rao (India) Dr. Mary Cardosa (Malaysia) Dr. Seema Mishra (India) Dr. Michael Nicholas (Australia)
16:30- 17:00	Summary & Feedback		
Day 2: 23rd September 2025 (Tuesday)			
Time	Topic	Format	Resource person/Faculty
09:00- 09:30	Music and pain	Lecture	Dr. Anuja Pandit (India)
09:30- 10:30	Assessment and examination of Chronic Pain Patients - Divided into two groups of 15 participants each	Group activity Coordinator <i>Dr. Anuradha</i>	Dr. GP Dureja (India) Dr. AKM Akhtaruzzaman (Bangladesh) Dr. Saurab Sharma (Australia)
10:30- 11:10	Barriers (At the level of Medications, Patients, Healthcare personnel, Healthcare system) to good pain management - Group discussion on overcoming barriers (10 minutes each for every barrier) - Make 4 groups, give them home work to come out with barriers	List all the barriers in 4 groups - Interactive session Coordinator <i>Dr. Deepa Khurana</i>	Dr. Santosh Chaturvedi (Patient) Dr. Seema Mishra (Medications) Dr. Megha Purthi (Healthcare Personnel) Dr. Gauhar Afshan (Healthcare system)
11:10- 11:30	Tea break		
11:30- 12:00	Neuropathic pain- What is it and how to Assess	Lecture	Dr. Andrew Rice
12:00- 12:30	How to manage Neuropathic pain?	Lecture	Dr. Andrew Rice
12:30- 13:15	Understanding and managing back pain – Case based discussion on 4 patients - Small group discussions – 15 minutes - Large group discussions – 30 minutes	Group activity & case-base scenarios <i>Dr. Dhruv Bibra</i>	Dr. GP Dureja (India) Dr. Babita Ghai (India) Dr. Roger Goucke (Australia) Dr. Rozina Kerai (Pakistan) Dr. Saurab Sharma (Australia)
13:15- 14:00	Lunch		
14:00- 14:45	Understanding the philosophy of interventions in managing back pain Case based discussion on 4 patients - Small group discussions – 30 minutes - Large group discussions – 15 minutes	Group activity & case-base scenarios <i>Dr. Ruchi</i>	Dr. GP Dureja (India) Dr. AKM Akhtaruzzaman (Bangladesh) Dr. Saurab Sharma (Australia) Dr. Naveen Malhotra (India)
14:45- 16:15	Self-management of chronic pain	Quiz, Role Plays and Short Practice Sessions Coordinator <i>Dr. Balbir</i>	Dr. Michael Nicholas (Australia)

16:15- 17:15	Discussion on safe use of opioids in chronic cancer and non-cancer pain patients	Tutorial Case base discussion 10 minutes each speaker 30 minutes discussion Coordinator- Dr. Gaurav Chanana	Dr. Saurabh Vig (Current Status) Dr. Nishkarsh Gupta (Misconceptions) Dr. Sushma Bhatnagar (Safety circle to remain safe)
17:15 - 17:30	Summary & Feedback		
Day3: 24th September 2025 (Wednesday)			
Time	Topic	Format	Resource person/Faculty
09:00- 09:30	Non-pharmacological Pain Management (Exercise)	Lecture	Dr. Saurab Sharma (Australia)
09:30- 10:30	How to create a sustainable and financially viable pain management model	Lecture	Dr. GP Dureja (India)
10:30- 11:00	Tea break		
11:00- 11:30	Accessing and using best evidence to enhance the clinical practice	Lecture	Dr. Naveen Salins (India)
11:30- 12:00	Introducing ICD-11 for Diagnosis of chronic pain	Tutorial	Dr. Michal Nicholas (Australia)
12:00- 12:15	Burden of pain in SARPS Countries	Lecture	Dr. Saurab Sharma (Australia)
12:15- 12:45	Ideal way of Setting up of Pain Clinic / Acute Pain Services (Principles and Guidelines)	Interactive Learning Dr. Mary Cardosa	All the faculty and participants
12:45- 13:15	How to setup Palliative Care Service? (Principles and Guidelines)	Interactive Learning - Dr. Sushma Bhatnagar	All the faculty and participants
13:15- 14:00	Lunch		
14:00– 14:30	2- 3 Patients sharing their experience of pain management and their interaction with healthcare professionals		
14:30- 15:30	What have you learnt, how much you were doing, how will you change your pain practice after attending this course? (10 minutes presentation by each group)	Classroom activity & brief presentation	
15.30- 16.30	Summary & Feedback		

Participants will be divided in four groups:

Group A (Mentors: Dr Andrew Rice and Dr GP Dureja) : Eight Delegates

Group B (Mentors: Dr Mary Cardosa and Dr. Sushma Bhatnagar): Seven Delegates

Group C (Mentors: Dr Michael Nicholas and Dr. Santosh Chaturvedi): Eight Delegates

Group D(Mentors: Dr. AKM Akhtaruzzaman and Dr. Naveen Salins): Seven Delegates